

Hello!

Thank you so much for downloading this discussion question guide to go along with the book, Beautiful Brown Skin Child by Ayesha Rodriguez. There are plenty of times that we read a book to our child(ren) and then it is put back on the shelf once it is done. Many times, the book is hardly picked up again. One of my goals as an author is to make sure that I encourage more dialogue between adult and child by turning my work into an activity book. **I want to challenge our young scholars with this material.** This discussion guide can be used for a wide range of ages. Choose the questions that you feel are appropriate for their level or alter them so that it best fits. These questions should not be done in one session, but over many different sessions. Please take your time.

There are questions that may require a little research. This would be the time to show them how to look up information at the library, dictionary or reputable sources online. There are also larger vocabulary words in the book. I suggest looking up the words together in the dictionary and/or have them take an educated guess using the sentences. This list is simply a guide to help open up the doors of communication.

Welcome their questions and get them excited about learning! It is my hope that meaningful, productive and beautiful conversations come about.

Kind Regards,

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50 Beautiful Brown Skin Child Discussion Questions

1. What is **melanin**?
2. Beautiful Brown Skin Child, you **hail** from Queens and Kings, though history does not always **reveal** these things. What does the word hail mean?
3. What does the word reveal mean?
4. The grandfather is reading a book that says, "Mother of Civilization." Why do you think it's titled that?
5. What continent do you see on the back of the book?
6. What do the colors red, black and green represent?
7. Can you name all of the continents?
8. Why is it important to learn about your history?
9. What part of your body do you love the most?
10. What does the word **courage** mean?
11. Can you think of a time when you had to be brave?
12. How do you feel about your skin color?
13. You are powerful. Where does your power come from?
14. What is **meditation**?
15. To be mindful means that you are paying attention to your feelings. Some people like to practice mindfulness by sitting quietly, writing in a journal, taking deep breaths, drawing or coloring. What are some mindful activities that help you to be calm?
16. What is another word for intelligent?
17. You are so smart! What are some things that you like to learn about?
18. Why is it important to study?
19. Can you name some healthy habits that you should do every day?
20. What exercises do you enjoy?
21. What healthy foods do you like to eat?
22. What is money?
23. What do you think about money? (i.e. is it good, bad, necessary, etc.)
24. Can you think of a good money habit? (i.e. saving, budgeting, investing)
25. What is a leader?
26. What makes someone a good leader?
27. How do you become a pilot?

50 Beautiful Brown Skin Child Discussion Questions

28. How do you become a president?
29. Barack Obama was the first black man to become president of the United States. Has there ever been a black woman president?
30. Have there been any other black men or women who have run for president?
31. Who is Kamala Harris?
32. How do you become a doctor?
33. Can you name different types of doctors?
34. What is a judge?
35. How do you become a judge?
36. In the book, why do you think they are walking and holding signs?
37. What does it mean to protest?
38. Can you name someone who has helped fight for freedom and equality?
39. "Life's journey has many lows and highs" means that we will have lots of good days and bad days. Can you share some of your happy times?
40. Would you like to talk about some times that were not so happy?
41. It is important to talk about our feelings with someone that we trust. Who do you talk to?
42. The sentence, "Get the help that you need to refill your cup," means that we may need some time or extra help to feel better and work through our problems. Do you know what a therapist is?
43. Mental health affects how we think, feel and act. Can you think of ways to take care of your mental health?
44. We make choices every day. What are some good choices that you have made?
45. Think about some of the bad choices that you have made. What did you learn from them?
46. Think of someone that you love. Why do you love them?
47. Think of someone who loves you. How do they treat you?
48. What is an **affirmation**?
49. Can you give me an example of some affirmations that you like to say?
50. What do you love about yourself? (When you respond, please start with, "I am")